



Six Minute Walk Test

mcroberts

Project: SixMWT McRoberts employees
 Subject: Erik
 Visit: McRoberts
 Measurement: 1703-19796-50208-1451491885.1454
 Trajectory length: 10 m

Age: 37
 Height: 183 cm
 Weight: 70 kg
 Gender: Male

MT version: 0.164
 Date of analysis: 30-12-2015
 Request ID: 2019
 Device: MT50208

SUMMARY

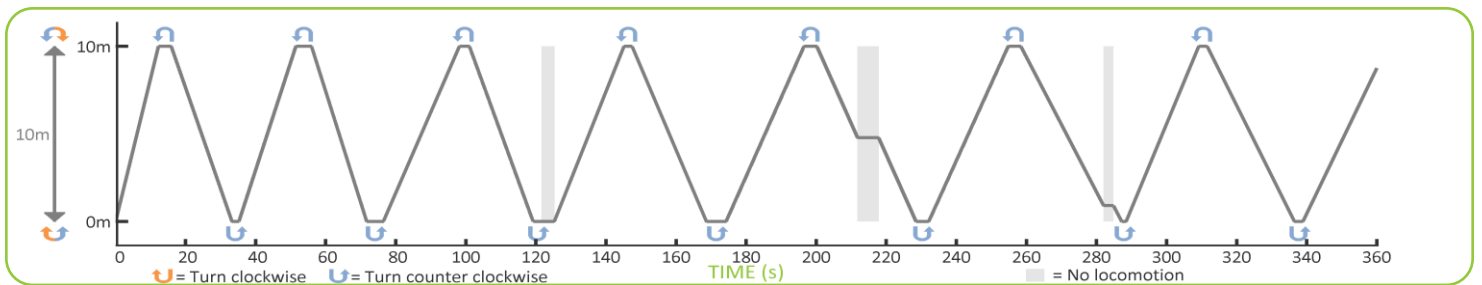
CHARACTERISTICS	MEAN (SD)
Walked distance (m)	148.77
Number of trajectories (n)	14
Number of stops (n)	3
Total duration of stops (s)	12.45
Walking speed (km/h)	1.86 (0.41)
Step frequency (Hz)	1.80 (0.06)
Step length (m)	0.29 (0.05)

NORM REFERENCE

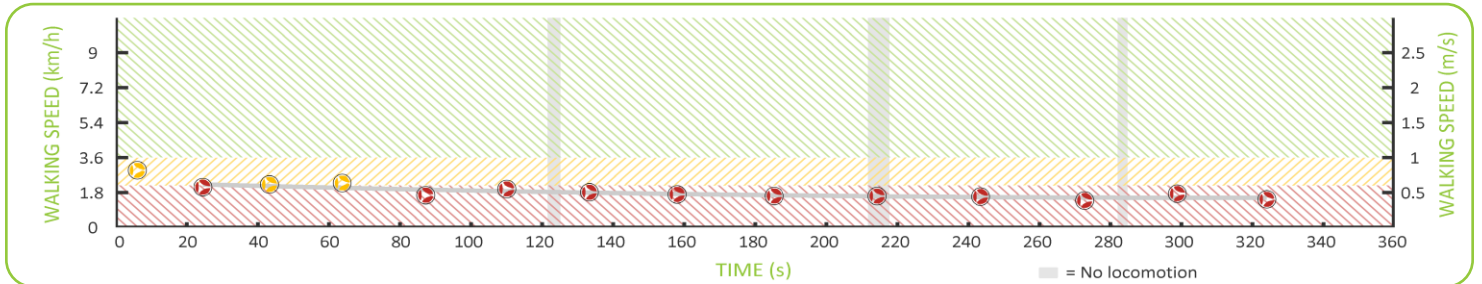
NORM REFERENCE	NORM DISTANCE (m)	LOWER LIMIT		WALKED DISTANCE (%)*
		(m)	(%)*	
P. Enright et al. (1998)	767.37	614.37	80.06	19.39
P. Enright et al. (2003)	651.40	551.40	84.65	22.84
A. Chetta et al. (2006)	643.41	N/A	N/A	23.12
T. Troosters et al. (1999)	887.09	727.41	82.00	16.77
J. Gibbons et al. (2001)	758.17	N/A	N/A	19.62
E. Beekman et al. (2014)	853.66	690.66	80.91	17.43

Achieved norm distance
 Achieved lower limit
 Not achieved

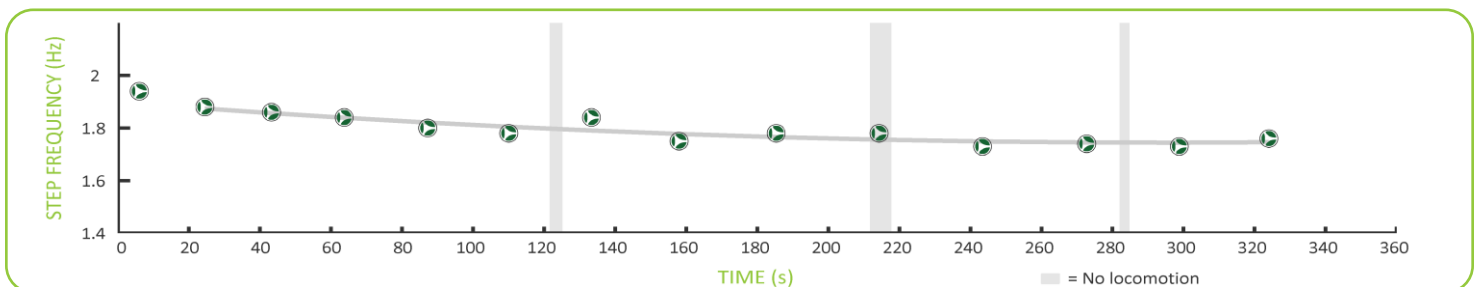
WALKING TRAJECTORY



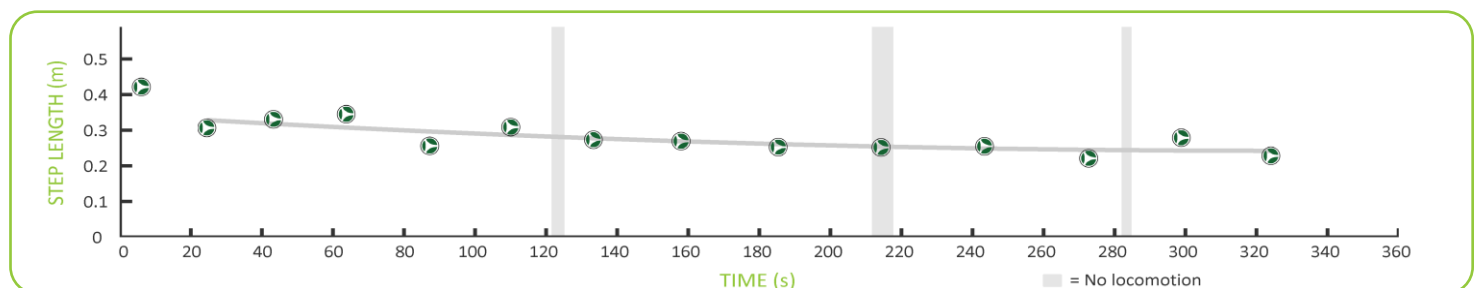
WALKING VELOCITY **



STEP FREQUENCY



STEP LENGTH



* Distance expressed as a percentage of norm distance

** White paper: "Walking speed: the sixth vital sign". Stacy Fritz, Michelle Lusardi. J Geriatr Phys Ther. 2009; 32(2): 46-49.